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## What happens in your brain when you change your mind

THE DEPOLARIZATION PROJECT 4 January 2019

*Neuroscientist Tali Sharot explains how beliefs are formed in the brain, what works to change others' minds, and what does not.*



Tali Sharot, Professor of Cognitive Neuroscience at University College London and bestselling author of the [The Optimism Bias](#) and [The Influential Mind](#), joins us for this special episode of *Changed My Mind* to share her research on how beliefs are formed in the brain, what works to change others' minds, and what does not.



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